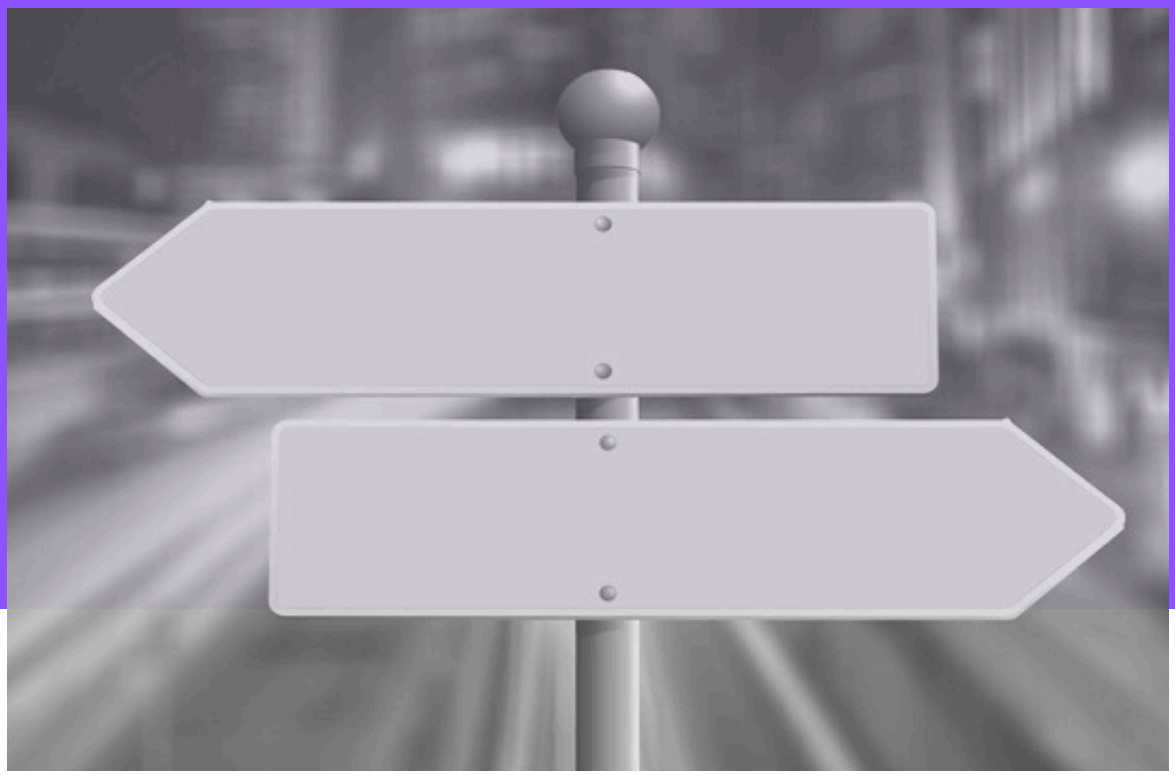
This is how we



This exercise helps players learn how to make joined decisions.

Goal:	Stimulate their ability to work together
Duration:	20 minutes
Materials:	Pen and paper

Exercise: This is how we

Explanation:

Divide the team into groups of 3 or 4. Ask each group to solve a challenge for which multiple possible solutions exist. For example:

- How are we going to play our next game in terms of tactics and setup?
- How are we going to reach our team goal?
- Which steps do we have to take now in order for us to reach.....?
- What will be the most important focus of practice this month/quarter?

Players work in their own group to formulate a solution. They each share their ideas within the group (one by one), then they choose a solution to further develop together as a team.

Let every group share their solution with the entire team and discuss the strengths, advantages, and usability.